

A Word Of Hope

Biblical Mentor Study Guide

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<http://www.biblicalmentor.com/free-resources.html>

Mentoring Format:

1. **Choose a book of the Bible that you will read through throughout the time**

between your meetings. Decide each time together how many chapters in that book to simply read through. Additionally, decide what manageable size passage out of that particular chapter(s) that you will study (in addition to simply reading it) on your own at home, then you will come together to share what you are learning. Study and journal (take notes) about what you are learning.

There is no timeframe for this ongoing reading and studying.

Pace it yourselves, take your time, and let it take root.

For example, perhaps you choose to read Ephesians. You decide to simply read through Ephesians chapters one and two the first month. Out of that reading you decide to study Ephesians 1:3-10 more in depth, using the Mentor's Bible Study Method, journalling what you glean. When you next meet together, you will share what you gleaned and discuss it.

You may read as many or as few chapters or passages each week as you wish.

Keep it manageable! You do not have to do the in depth study for every passage, but do read every passage.

2. **Choose a memory verse each time.** It can be from the book of the Bible you are studying. Plan to learn it over the week and recite them when you get together.

If it takes more than a week to learn a verse, that's ok!

Just do your best to commit some verses to memory.

We recommend writing the verses you are memorizing on 3x5 cards, keeping them with you, and carrying them with you to practice throughout your day. Another good option is to enter them into your smartphone or tablet to carry with you.

3. **Pray.** In between your meetings, pray for each other. When you meet, pray the Psalms, share personal prayer needs, and spend some time in prayer together. Don't neglect this - it's critical to both of you in your mentoring relationship.

4. **Every day, jot down 3 things you are thankful for.** After building this habit over time, it will be an amazing attitude-adjuster as it causes you to focus your mind on God's goodness, provision, and immense love for you!

Be sure to share your gratitude journal with one another as time allows.

Keeping it simple: In summary, here is what you will do each week as you proceed with your mentoring or counseling or discipling relationship:

HOMEWORK:

1. Read the agreed upon book of the Bible, chapter by chapter, picking the passage(s) to study in depth in between your meetings together. Use the Mentor's Bible Study Method to do that study, writing down your notes.
2. Work on your memory verse.
3. Pray for each other (and/or use A-C-T-S acronym).
4. Write down 3 things you are thankful for each day.

MENTORING MEETINGS:

1. Discuss your Bible study findings. Plan the amount of reading for next time.
2. Recite (or practice) your memory verse.
3. Pray the Psalms: [1] Read a verse or section [2] Pray the Psalm.
Apply / Adapt the Psalm to fit your life situation & context.
4. Share personal prayer requests, and spend time praying for each other.
(A-C-T-S) Adoration / Confession / Thanksgiving / Supplication (ask)

TOOLS

Mentor's Bible Study Method:

As you are doing your personal study in God's Word, it can be helpful to use a "guide." This is also a method you can use to teach others - maybe someone you are discipling or mentoring yourself.

Feel free to use it as it is intended - as a GUIDE. That means you can skip the things that don't apply to a particular verse or passage or add in things that you want to as you decide to dig deeper than this guide takes you.

It is up to you how you use it, and it is meant to encourage you to think about God's Word interactively.

The Mentor's Bible Study Method is something you will become very familiar with — It is simply this:

*Meditate *Memorize *Meaning *Meet *Master *Mentor

Meditate:

*Pray for understanding and guidance as you seek God's wisdom.

*Read the passage several times, at least 4-5 times. Feel free to read it in several versions and listen to an audio version if you wish.

*Take all or a portion of it and rewrite it in to your own words (paraphrase).

Memorize:

Read a chosen verse(s) repeatedly, daily, and commit the verse(s) to memory.

Meaning:

Some questions to ask about the passage:

- * What is the main lesson and what are the overriding spiritual principles in the passage?
- * How does this passage pertain to me specifically?
- * Who are the main characters, and what role do they play in the passage?
- * What verse(s) are significant in the passage?
- * What do these passages say about God?
- * Is there an example to follow?

- * Is there an error to avoid?
- * Is there something revealed that a person should obey?
- * Is there a promise to claim?
- * Is there a prayer to echo?
- * What cross-references have you discovered that pertain to this study?
- * What key words do you see in the passage? (Do a simple word search using a dictionary, concordance, and other Mentor's Resources tools that you wish for deeper study.)
- * If you are studying people in Scripture, do a search on other places this person is mentioned and ask "What insights have I found into this person?" (What is their reputation/ character qualities/background/significant events/relationships they were in/personality description, etc.)

This is a guideline, so you can adapt it to the study you are engaged in at the time. Add to it or delete from it so that it is something that works for you.

A note about CONTEXT: As you look to answer some/all of the above questions, remember to always check the context. You do that by reading well before the passage, well after the passage, and by looking at any cross-references you have available. As you look at the context, it is best to read that entire chapter of Scripture or the entire book for deeper context study.

Meet:

Meet with Jesus in the passage! The Bible as a whole is the revelation of Jesus Christ. The Old Testament points to Him, the Gospels give the details of His earthly life, and Acts and Letters show His activity in the world. Therefore, it is possible to find Jesus' presence in all areas of the Bible! From the passage you are studying, find out what you can discover about the nature, ministry, or person of Christ. Look for the Gospel.

Master:

Master the Scripture. Ask yourself “Am I living it?” and plan to be obedient to what you believe the Spirit is saying. Interact with the passage mentally and also on paper to make it personal. You can also briefly write down any further questions you have about what the text means. These questions can be helpful for future study. God can use them to help you understand the Bible better. Ask yourself, “How will I begin to apply what I have learned, how do these insights apply to me personally, and what am I going to do about them?”

Mentor:

Ask the following questions:

- * How has this passage challenged me personally?
- * How might this passage challenge someone else in my life?
- * How can I share hope from this passage?
- * Who do I know who needs to have a word of hope right now?

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Also for use to generate conversation: **75 Mentoring Questions**